



Eastern Zone Swimming Athlete's Meeting -- Agenda

Wednesday, July 5th, 2023

6:00pm EST via Zoom

1. Call to Order 6:04PM ET
2. EZ Retreat in Maine Summary
 - Very successful event, athletes got a lot out of it and already seeing progress on projects created there
3. LSC Check In / Project Updates
 - See below
4. Voting Delegates Update
 - Link to apply: DEADLINE JULY 6th 11:59PM
 - https://docs.google.com/forms/d/e/1FAIpQLSfetYPY-K_NO8zbhYSrnZz3lpZX1npKbuneacmlvwjCzfEZg/viewform?usp=sf_link
5. Looking Ahead to ABM
 - Discussed briefly ABM and importance of having athletes present as voting delegates and also as a voice
6. Update Contact Sheet
 - Please send TJ/I your updated contact info for your LSC reps
7. New Business
 - Targeting meeting beginning August 7pm

- 8. Other - none
- a. National Committee Athletes - none
- 9. Adjournment 6:30PM ET

3. continued

NJ: Melo Meir elected, two at larges,
Build athletes committee, recruit athletes to it
30 swimmers on the athletes committees

AD: Building athlete committee, resistance from coaches
Sent out email, personally contact coaches to get athletes
Mixed relays project!, going to meet soon

NE: higher up board member acts as liaison to AEC
Sent athletes to Maine Summit, collected feedback
Run NE Leadership Summit
Planning an All-Star Meet
Recruiting for AEC

ME: sending athlete/coach survey to LSCs about leadership retreat
Maine is planning Safe Sport Webinar, many LSCs involved

AMS: sent 8 athletes to Maine

wrapped up Senior Spotlight on Instagram

Expand athlete's committee, Club Rep to build up athlete committee

Improve social media

MD: taking ideas from Denver / Maine, sending ideas to board. Having a meeting with everyone to go over all of their plans

Service project ex: clean up the bay

Get instagram back up and running, do shoutouts

CT: planning for senior champ meet, 4 day meet, really happy with

Maine Retreat and productive results

More activity on social media page

New Elections