



Eastern Zone Swimming Athlete's Meeting – Minutes

Sunday October 8th, 2023

6:00pm EST via Zoom

1. Call to Order 6:03PM
2. Communications and Logistics
 - a. EZ Contact Sheet:
 - 2023-2024 Eastern Zone Athlete Reps Info Sheet -
 - i. Great news; all up to date.
3. EZ LSC Athlete Rep Updates
 - a. LSC Check-ins
 - i. LSCs are hard at work on their projects for the year. Some key ones are starting athlete committee's and hosting LSC leadership events.
4. EZ Junior Athlete Rep Change
 - a. The Eastern Zone Junior Rep Term is now a 2 year term in accordance with three other zones. The Junior Rep and Athlete Director will be open for election in September 2024.
5. Social Media Subcommittee
 - a. Looking for up to 5 people to work on a social media subcommittee for the Eastern Zone Athlete's Instagram. Plan is to have this subcommittee to collaborate and to create consistent content to better interact with our follower base. Will send out a google form to apply.
6. Summary of USA Swimming HOD -> Fill out [feedback survey](#):
 - a. Board Election -> Sabir Muhammed and Kathleen Prindle elected
 - b. HOD Working Group -> received 1 year extension to continue looking at how the current makeup of the USA Swimming HOD could be improved.
 - c. Officials Legislation -> legislation regarding standardization of officiating was passed at the HOD and was by the far the most discussed piece of legislation on the docket.
7. Eastern Zone Technical Committee Appointees (4)
 - a. The Tech Planning Committee will need 4 athlete appointees and will send out a google form to apply.
8. Eastern Zone Athlete Summit Update
 - a. TJ and I are in contact with some colleges right now about hosting the event. Targeting the dates of June 20th-23rd 2024.
9. 2024 Workshop in the fall
 - a. Workshop and Annual Business Meeting will be held concurrently September 26-29th 2024 in Denver.

10. Other

- a. National Committee Athletes - none
- b. Schedule Next Meeting
 - i. Sunday nights work best. 6PM is a convenient time

11. Adjournment 6:21PM

Attendees:

Paige Lalla (MD)

Sammy Rotman (MD)

Charlie Mayr (VA)

Elizabeth Staats (NE)

Andrew Orcutt (AD)

Harper Freeman (PV)

Ally Dheeradhada (AD)

Elizabeth Antenucci (NE)

Joseph Apat (MR)

Claudia Smith (AMS)

Elizabeth Staats (NE)

William Gao (AMS)

Derek Cheng (NJ)

Mac Clark (AM)

TJ Walsh (EZ)

Gavin Formon (EZ)