



Eastern Zone Swimming Athlete's Meeting -- Agenda

Wednesday, July 5th, 2023

6:00pm EST via Zoom

1. Call to Order
2. EZ Retreat in Maine Summary
3. LSC Check In / Project Updates
4. Voting Delegates Update
5. Looking Ahead to Workshop
6. Update Contact Sheet
7. New Business
8. Other
 - a. National Committee Athletes
9. Adjournment

https://docs.google.com/forms/d/e/1FAIpQLSfetYPY-K_NO8zbhYSrnZz3lpZX1npKbuneacmlvwyjCzfEZg/viewform?usp=sf_link

NJ: Melo Meir elected, two at larges,
Build athletes committee, recruit athletes to it
30 swimmers on the athletes committees

AD: Building athlete committee, resistance from coaches
Sent out email, personally contact coaches to get athletes
Mixed relays project!, going to meet soon

NE: higher up board member acts as liaison to AEC
Sent athletes to Maine Summit, collected feedback
Run NE Leadership Summit
Planning an All-Star Meet
Recruiting for AEC

ME: sending athlete/coach survey to LSCs about leadership retreat
Maine is planning Safe Sport Webinar, many LSCs involved

AMS: sent 8 athletes to Maine
wrapped up Senior Spotlight on Instagram
Expand athlete's committee
Club Rep to build up athlete committee

Improve social media

MD: taking ideas from Denver / Maine, sending ideas to board. Having a meeting with everyone to go over all of their plans

Service project ex: clean up the bay

Get instagram back up and running, do shoutouts

CT: planning for senior champ meet, 4 day meet, really happy with Maine Retreat and productive results

More activity on social media page

New Elections